



Online store [WWW.LYNXGEAR.LV](http://WWW.LYNXGEAR.LV)  
Company: SIA LATLYNX  
info@lynxgear.lv, +371 26159668  
Reg. No. 45403038162, VAT Reg. No.  
LV45403038162,  
Legal address: Baznīcas iela 8,  
Aizkraukle, Aizkraukles novads,  
LV-5101, LATVIJA  
Bank Account: LV87UNLA0050021387494  
AS SEB Bank, SWIFT: UNLALV2X

## ORDER CONFIRMATION

Not Rated Yet



Sales price 15,95 €

Salesprice with discount

Incl. VAT 21%: 2,77 €



### Description

#### REAL TURMAT Reindeer Stew - 128g, 578 kcal

Experience the rich, authentic flavors of the wilderness with **REAL TURMAT Reindeer Stew**. A hunter's favorite, this hearty meal combines tender reindeer meat, potatoes, mushrooms, and lingonberries to deliver a savory, gamey flavor that's perfect for outdoor adventures or quick, nutritious meals on the go. With a shelf life of 5 years and lightweight packaging, it's an ideal meal for hiking, camping, or emergency supplies.

#### Key Features:

- **Authentic Gamy Flavor:** Made with 14% reindeer meat, mushrooms, and lingonberries for a distinct, robust taste that reflects traditional Nordic cuisine.
- **High in Energy:** With 578 kcal per portion, this stew provides the necessary fuel to keep you energized during outdoor activities or long treks.
- **Lightweight and Easy to Prepare:** At only 128g net weight and with a rehydrated weight of 460g, it's easy to carry and quick to prepare - just add water, stir, and wait 8 minutes.
- **Long Shelf Life:** The product boasts a shelf life of up to 5 years, making it a reliable option for long-term storage or emergency rations.

#### Ingredients:



Online store [WWW.LYNXGEAR.LV](http://WWW.LYNXGEAR.LV)  
Company: SIA LATLYNX  
info@lynxgear.lv, +371 26159668  
Reg. No. 45403038162, VAT Reg. No.  
LV45403038162,  
Legal address: Baznīcas iela 8,  
Aizkraukle, Aizkraukles novads,  
LV-5101, LATVIJA  
Bank Account: LV87UNLA0050021387494  
AS SEB Bank, SWIFT: UNLALV2X

---

## ORDER CONFIRMATION

---

- Potato
- 14% reindeer meat product (83% reindeer meat, salt, stabilizer (E450))
- Onion
- Carrot
- Wheat flour
- 7.5% cream (milk)
- Rapeseed oil
- 6% lingonberries
- 4% champignons
- Game bouillon (yeast extract, reindeer meat, salt, beef extract, maltodextrin, rapeseed oil, onion, seasoning)
- Tomato paste
- Seasoning
- Antioxidants (rosemary extract, ascorbic acid)
- **Allergens:** Contains gluten, lactose, and milk.

### Preparation Instructions:

1. Tear off the top of the bag at the indentation.
2. Add 3.5 dl of warm water up to the level marker inside the bag.
3. Stir well, close the bag with the ziplock, and let it rest for 8 minutes.
4. Enjoy your delicious and hearty meal!

### Nutrition Information (Per 128g Portion):

Nutrient	Per 100g	Per Portion (128g)	Per 100g Prepared
Energy (kJ)	2180 kJ	2420 kJ	526 kJ
Energy (kcal)	521 kcal	578 kcal	126 kcal
Fat (g)	32 g	36 g	7.7 g
Of which saturated fat (g)	7.9 g	8.8 g	1.9 g
Carbohydrates (g)	40 g	44 g	9.7 g
Of which sugars (g)	6.6 g	7.3 g	1.6 g
Dietary Fibre (g)	4.5 g	5.0 g	1.1 g
Protein (g)	16 g	18 g	3.9 g
Salt (g)	3.0 g	3.0 g	0.7 g

### Additional Information:

- **Weight:** Net: 111g, Gross: 128g, Prepared: 460g
- **Shelf Life:** 5 years from manufacturing date. Once opened, consume within 2 hours after adding water.
- **Storage:** Store at room temperature in a cool, dry place.

**REAL TURMAT Reindeer Stew** is a perfect blend of traditional Nordic flavors and modern convenience. With its high energy content and long shelf life, this delicious meal is perfect for outdoor adventures, long hikes, or



Online store [WWW.LYNXGEAR.LV](http://WWW.LYNXGEAR.LV)

Company: SIA LATLYNX

info@lynxgear.lv, +371 26159668

Reg. No. 45403038162, VAT Reg. No.

LV45403038162,

Legal address: Baznīcas iela 8,

Aizkraukle, Aizkraukles novads,

LV-5101, LATVIJA

Bank Account: LV87UNLA0050021387494

AS SEB Bank, SWIFT: UNLALV2X

---

## ORDER CONFIRMATION

---

emergency food supplies.

Made in Norway.