



Online store WWW.LYNXGEAR.LV
Company: SIA LATLYNX
info@lynxgear.lv, +371 26159668
Reg. No. 45403038162, VAT Reg. No.
LV45403038162,
Legal address: Baznicas iela 8,
Aizkraukle, Aizkraukles novads,
LV-5101, LATVIJA
Bank Account: LV87UNLA0050021387494
AS SEB Bank, SWIFT: UNLALV2X

ORDER CONFIRMATION

Not Rated Yet



Sales price 14,95 €

Salesprice with discount

Incl. VAT 21%: 2,59 €



Description

Ingredients:

Couscous (wheat) (32%), lentils (13%), soy protein (soy (98%), seasoning, salt, antioxidant (rosemary flavouring)) (12%), carrot, onion, cream (milk), green beans, cauliflower (4%), corn starch, rapeseed oil, spinach (2,7%), celery, soy sauce (soy, salt, vinegar), vegetable bouillon (salt, glucose syrup, aroma, onion, modified starch, maltodextrin, rapeseed oil, vegetable concentrate, seasoning, sugar, vinegar extract), garlic, seasoning, antioxidant (ascorbic acid).

Allergens: celery, gluten, lactose, milk, soy.

Weight:

- Net: 165 g
- Gross: 182 g
- Prepared: 690 g

Shelf life:



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The product has 7 years shelf life from the manufacturing date. Store at room temperature. An opened bag should be treated as a fresh product. Please eat the meal within 2 hours of adding water.

Preparation:

Tear off the top of the bag at the indentation. Add warm water (5,3 dl) up to the level marker. Stir well, close the bag using the ziplock and let the dish rest for 8 minutes.

| | Per 100 g | Per portion | Per 100 g prepared | Energy % |
|------------------------------|-----------|-------------|--------------------|----------|
| Energy (kJ) | 1790 | 2954 | 428 | |
| Energy (kcal) | 428 | 705 | 102 | |
| Fat (g) | 14 | 23 | 3.3 | 30 |
| ↳ Of which saturated fat (g) | 5,0 | 8 | 1.2 | |
| Carbohydrates (g) | 56 | 92 | 13.4 | 54 |
| ↳ Of which sugars (g) | 5,8 | 9,6 | 1.4 | |
| Dietary fibre (g) | 2 | 3 | 0.5 | |
| Protein (g) | 17 | 28 | 4.1 | 16 |
| Salt (g) | 3,0 | 5 | 0.7 | |
| Water (%) | Max 5 % | | | |

Made in Norway.